

“There is no mandatory items to be included in a first aid container” – The HSE

- a) A leaflet giving general guidance on first aid (the HSE’s version can be found on our forum too!)
- b) 20 Individually wrapped sterile plasters (assorted sizes) appropriate to the type of work (hypoallergenic plasters can be provided, if necessary)
- c) Two sterile eye pads
- d) Four individually wrapped triangular bandages, preferably sterile
- e) Six safety pins
- f) Two large sterile individually wrapped unmedicated wound dressings
- g) Six medium-sized individually wrapped unmedicated wound dressings
- h) A pair of disposable gloves.