



FIRST AID TRAINING FOR MENTAL HEALTH

1 in 6 people will experience a mental illness some time in their lives, therefore mental health support in the workplace and at home is just as relevant as administering first aid in a medical emergency.

Identifying the signs early will lead to a speedy intervention and support which is essential to a person's wellbeing, and in turn will decrease staff absence and increase productivity in the workplace.



At Wiltshire First Aid we offer Nationally recognised accredited courses:



Level 2 Award in First Aid for Mental Health

This is one day course and suitable for those who want to gain a greater awareness of mental health. Cost £100 per person + VAT



Level 3 Award in Supervising First Aid for Mental Health

This is a two-day course and suitable for those who have supervisory responsibilities and want the skills to support any employee with mental health related issues and guide them to relevant professional support. Cost £200 per person + VAT.

**For further information please contact us: T: 01249 569690
E: enquiries@wiltshirefirstaid.co.uk W: www.wiltshirefirstaid.co.uk**