

# Solutions

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<b>Course title</b>	<b>“People Moving People” (Moving &amp; Handling) Train the Trainer</b>
<b>Sectors</b>	<b>Special education, health and social care</b>
<b>Who should attend</b>	<b>This course is for anyone wishing to deliver up to date moving and handling training and conduct and record formal manual handling risk assessments.</b>



## Course Details:

**DURATION** : 4 days

**COURSE SIZE** : Maximum number of participants is 10

## Course Aim:

- To provide competent manual handling instructors for people working in sectors that require moving and handling instructors to be at best practice standard as at 2023.
- To reduce risk of injury to staff and people being handled
- To avoid prosecution and litigation.

This course has been designed with the core aim of creating a confident, motivated, professionally qualified manual handling instructor for health, social care or education settings.

## Course Introduction:

This course, originally launched in 1997 and regularly updated has been designed to ensure you have a team member who can deliver up to date moving and handling training and risk assessment so that, risks are reduced, to both employees and those being moved thereby mitigating your risk to claims and litigation.

The course centres on improving people handling by combining the use of criterion based risk assessment with current best practice handling techniques and of new handling aids designed to reduce risk. The content is in line with best practice as defined in the Guide to Handling People 6th edition. This course stimulates an ideal climate for change to attitudes, practices and motivation in the work place. Participants discover ways to inspire their trainees to move and handle people in a manner that requires far less physical effort, affords greater dignity and hugely improves confidence in a range of settings.

If staff do not have training experience don't worry as they are trained to use our unique method of instruction.

On completion they will be given access to the most comprehensive instructor resource materials and an e-learning course to undertake at will for purposes of personal development / self-assessment.

# Solutions

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## **What Delegates Will Learn:**

How to deliver the theoretical and specified practical objectives in respect of:

- Know the law in respect to manual handling applies
- The principles of spinal mechanics and back care
- How to safely move and handle inanimate loads
- How to conduct a personal or dynamic risk assessment to avoid, reduce or eliminate risks
- How to communicate and gain cooperation with people being moved
- How to conduct and record a formal manual handling risk assessment as required by law
- How to safely move and handle people with and without the use of specialist equipment
- How to effectively instruct others in handling techniques using our unique “8 step approach to amazingly effective instruction”

## **Course Objectives:**

At the end of the course participants will be able to:

- Act as advisers on up-to-date basic back care and manual handling issues in the workplace
- Assess the need for and provide up to date moving and handling solutions when moving both people and inanimate loads
- Conduct “suitable and sufficient” manual handling risk assessments as required by law
- Deliver competently the theoretical and practical topics to groups no larger than ten

## **18 months Post Course Trainers Materials To Assist Your Internal Training Sessions:**

- High quality training materials bespoke to your sector, the presentation materials including audio, video, on screen activities and a collection of clips as a reference library
- High quality trainers reference manual
- Supporting documents/books including a copy of the Manual Handling Operations regulations, risk assessment pro forma, workplace competency observation sheets and much more
- Colour trainee workbooks branded for you that can be printed off at will by you to give to those you train
- Access to a year of support from the company in respect of any moving and handling issues
- Automatic alerts to any changes in best practice
- 12 months free access to our latest online version of “People Moving People”.

At a cost of £14.95 per learner, staff being trained by your internal trainers can complete all the theory of moving & handling people online. This blended learning option replaces half a day of classroom-based training, increasing productivity and realising significant cost savings compared to learning the theory in a face-to-face environment.

## **Special requirements of course participants:**

They should be free of injury or any medical condition that may place them at risk of injury.

## **Assessment Process:**

This will be overall and continuous, against the course objectives and completion of a multiple-choice paper.

# Solutions

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## **Certification/Accreditation:**

On successful completion of this programme participants will receive a Solutions certificate of completion and the Q.N.U.K. Level 3 “Moving and Handling Trainers Award” which is on the regulated qualifications framework.

## **Course Trainer:**

Paul Meek (Chartered F.C.I.P.D.) who started his career in the NHS where he was a paramedic tutor. Paul has been a contributor to national policy in respect of best practice for moving and handling. With huge experience in training “people handling trainers” in a wide range of settings he has acted as an adviser to special education, health and social care sectors since 1994. With many qualifications including the “Professional Certificate in advanced theory and practice of manual handling” he will guarantee success and a learning experience that will be both highly enjoyable and powerful. At [solutionstraining.co.uk](http://solutionstraining.co.uk) there are testimonials as to why you should use Solutions for this training.

## **Online People Moving People Course Introduction:**

Our unique online ‘People Moving People 2022’ ensures that your staff learn the up-to-date theory of moving and handling principles developed in line with best practice as of 2023. It is the most comprehensive course of its type and has been widely praised by the special education sector as being specific to them and the daily challenges they face within their roles.

The online course content meets the theoretical requirements of all Skills for Health and all Wales, and Scotland Manual Handling passport schemes.

The aim of this course is to equip the participants with all the theoretical knowledge in preparation of learning the practical element of moving and handling training. The course allows your staff to learn at a time, place, and pace to suit them, but also fitting with the school’s completion timeframes. It is a more cost-effective way to implement theory training compared to traditional internal sessions provided by a qualified internal staff member or by delivering classroom based, tutor led training conducted by an outsourced provider. The course has proven to replace half a day’s face to face training – we understand the impact this has on the school when staff are taken from their duties to participate in training sessions, this was a huge factor we focused on when developing this course, our aim was to decrease the level of downtime associated with deploying staff to conduct this required training. Free Demo [https://solutionselearning.co.uk/demo/pmpdemo/story\\_html5.html](https://solutionselearning.co.uk/demo/pmpdemo/story_html5.html)

## **Course Costs:**

The fee for this course includes the tuition, provision of all training materials, education awards, and a year of support:

- Inhouse full days train the trainer course, accommodating up to 10 delegates - £5950 (ex VAT)
- To attend an open course per delegate - £975 (ex VAT) (costs include refreshments and lunch)

## **Contact Details:**

For any questions, please contact Mandie Pearson at [mandiepearson@solutionstraining.co.uk](mailto:mandiepearson@solutionstraining.co.uk) or call on 07751645724 - Trainer details - Paul Meek - 07748 770112 - [paulmeek@solutionstraining.co.uk](mailto:paulmeek@solutionstraining.co.uk)